

# Essex Boys and Girls Clubs

Working with voluntary youth clubs to support young people to realise their potential



ESSEX



ANNUAL REVIEW 2023/24

# CHAIRMAN'S REPORT - Jonathan Douglas-Hughes OBE DL

I am happy to report that 2023 has been a year of not only re-establishing pre-covid attendance of young people at our county and national events and increased regular attendance but also the launching of new events and opportunities for young people.

This is largely due to the expertise and hard work of the team under the leadership of Martin Solder. As a result of years of development Essex is one of the most successful counties for numbers of affiliated clubs (130), the number of events and competitions for young people both here and at our adventure centres in Wales and Cumbria and extensive training for volunteers who carry out such good work in our affiliated clubs.

We look forward to an ever more successful year in 2024.



**'I have opened up to other people and it has opened doors. If I was not part of the project I do not know where I would be today' (Respect Project Participant)**

# DIRECTOR'S REPORT – Martin Solder

Now in my 34th year of being County Director I occasionally look back at the past to reflect on our work to see what lessons can be learnt and occasionally ponder how EBGC has grown. Many of the elements of EBGC remain the same as when I started in 1989. The Chairman and several of the trustees are constants, many of our core clubs are still with us and we have people that were running clubs in 1989 still running them now. The need for our work remains the same, in fact it is increasing. The activities we provide are pretty much the same and the aim of the organisation is exactly the same as when I started, which is to develop young people to enable them to reach their full potential as adults.

So what's different if anything? The numbers of young people attending clubs has grown immeasurably. The numbers of clubs have grown. Our programme is bigger than it ever has been and now encompasses the arts as well as sport. We are doing all the same activities as we did in 1989 and then some. Our staff team is much bigger than it was. We are running and providing 3 outdoor centres for our clubs and young people. We provide a much bigger training programme for leaders and members now than we did. Through funding from the Jack Petchey Foundation we are able to provide nearly 500 places on holiday residential programmes. The Holiday and Food Activity Fund enables us to provide specific programmes for young people in holiday periods ensuring that they get activity and food. In 1989 I dreamt of having a minibus to take groups away. Now we have a fleet of 5 minibuses and other vehicles to move groups around. The need to generate income and funds is radically different now. We are now running school based projects as well as club based youthwork. Our national organisation is much smaller than it used to be, but their programme and opportunities remain the same and we are heavily linked with the World Federation of Youth Clubs and international youthwork in Nepal and the USA is high on our agenda.

Throughout this review you will see the plethora of work that we are undertaking across the whole of Essex, Southend and Thurrock and examples of the above. It is clear to me that there is a much greater need today than ever before. Young peoples pathway through life is not as clear as it once was. Anxiety, worry and mental health are not topics that featured greatly in the past. They do now. The mobile phone and covid effects are still a constant negative influence on young people and joining a club where you can engage with your peers in a positive, healthy, environment, where you have skilled and positive adult support can only be good for their development.

None of our organisations and ourselves can do this without funds and we are extremely grateful to our financial supporters, many of whom have been supporting us for 30 years plus. Also, and equally as valuable, are the volunteers that work with EBGC and across all our clubs. There are well over 1500 volunteers regularly devoting their time to work in clubs and who are supporting and working with young people. Nearly all the EBGC youthwork carried out across our network is carried out by volunteers and without them none of our clubs work would be able to take place. When I hear that society has become egocentric I find it difficult to recognise this across our network because of the sheer selflessness of thousands of people in all sorts of ways.

2023 has been another good year for EBGC and we are hoping that 2024 and beyond is even better and with your help and support there is no reason why it should not be. Many thanks to everyone who has supported EBGC, one of our programmes or one of our clubs over the last year. Long may it continue.

# A to Z of Affiliated Clubs

2BX Boxing Club  
4 Youth Brightlingsea  
Ab Phab  
All Stars Youth Club  
Ashingdon YFC  
Attleborough Boxing Club  
Bancroft Lions Cricket Club  
Basildon Boys & Girls Club  
Basildon Volunteer Police Cadets  
Belhus CC  
Belvedere ABC  
Berechurch Youth Club  
Bergholt YG  
Billericay and Wickford Boxing Club  
Billericay Cricket Club  
Braintree Youth Project Charity  
Brentwood Central Boxing Club  
Brentwood Volunteer Police Cadets  
Canvey Boys Club  
Castlepoint & Rochford Volunteer Police Cadets  
Centurions ABC  
Chadwell St Mary ABC  
Chalvedon ABC  
Chelmer Village YC  
Chelmsford ABC  
Chelmsford Boys and Girls Club  
Chelmsford Volunteer Police Cadets  
Chesterford YC  
Clacton Volunteer Police Cadets  
Colchester ABC  
Colchester Volunteer Police Cadets  
Colne Engaine YC  
Colin McMillan Boxing Training

Academy  
Cricklewood ABC  
Crown and Manor Club  
Dagenham P&C Boxing Club  
Dale Youth  
Dennis & Dyer Boxing Academy CIC  
Don Davis Boxing Academy CIC  
Downside Fisher Youth Club / FISHER ABC  
Dunmow Youth Club  
Earlsfield ABC  
East London Boxing Club  
Eastern Rhinos Rugby League Club  
Eastgate Amateur Boxing Club  
Elite Family Genius CIC  
Epping / Debden Volunteer Police Cadets  
Essex Marching Corp  
Fairbairn ABC  
Finchley & District ABC  
Five Star ABC  
Frenford Clubs  
Gateway ABC  
Gt Tey Youth Activity Club  
Halstead and Essex Uni BC  
Harlow ABC  
Harlow Volunteer Police Cadets  
Harrow & District ABC  
Harwich BC  
Harwich Volunteer Police Cadets  
Hockley BC  
Holland Shore ABC  
Infinity Allstars Academy  
Ingatstone Boys Own Club

InterAct  
Island Boys & Girls FC  
Islington Boxing Club  
Lifstan Boys' Club  
Limehouse Boxing Academy  
Limitless - Earls Colne Youth Club  
Linford Wanderers Football & Sports Club  
Longs ABC  
Maldon Boxing Academy  
Mersea Island Judo Club  
Mid Essex Boxing Academy  
Morningson Football Club  
Newham Boys Club  
North Avenue YC  
Norwich City ABC  
Pat Wilson's School of Boxing  
Peacock ABC  
Powerday Hooks Boxing ABC  
PROSPEX  
Purfleet Youth Club  
Rainham Boxing Club  
Rayleigh Community Boxing Club  
Rayne Boxing Club  
Repton Boys Club  
Riverside Boxing Club  
Romford Drum & Trumpet Corps  
Roxwell Youth Group  
Royals Youth Centre  
Saffron Walden Youth Outreach Project  
Sampfords YC  
Seabrooke Rise Community Association  
Silver End Youth Club CIC  
Smokey's Community Boxing

Academy  
Southend ABC  
Southend Volunteer Police Cadets  
St Annes Youth Club  
St Pancras Boxing Club  
St. Osyth Boxing Club  
Sudbury ABC  
Thaxted YG  
The Beech Youth Club  
The Hideout - Abberton and Langenhoe Youth Club  
The Lion Club for Young People  
The Outhouse  
Thurrock Volunteer Police Cadets  
Times ABC  
Tiptree Youth Project Outreach  
TKO Barking ABC CIC  
Top Yard School of Boxing  
Torchlight Youth Club  
UMC Phab Youth Club  
Upminster CC  
Uttlesford Volunteer Police Cadets  
Walton Youth Club  
Wanstead Rugby Club  
Wanstead Youth Club  
WAY2000  
West Ham Boys & ABC  
Westminster House Youth Club  
White Hart Lane Boxing Academy  
Witham Hang Out  
Woodham Radars FC  
Wrabness and Wix Youth Club  
Yeading Boxing Club  
Zone 1 (AfIUK's Minority Integration Youth Club)



# Volunteering

It is with great thanks to our amazing volunteers for their continued support with many returning each year to be part of our various programs and events. From climbing mountains to arts and crafts to running competitions and more, they are an asset to the EBGC team. If you would like to get involved, we'd love to hear from you. Contact us at: [volunteer@essexboysandgirlsclubs.org](mailto:volunteer@essexboysandgirlsclubs.org)



# Training with EBGC

EBGC continue to offer training for all our affiliated clubs, young people, leaders and staff. This training includes Safeguarding Level 2, First Aid Qualifications, Young Leader Training, ASDAN Awards and a number of opportunities for training around youth provision from the Level 2 Youth Work to supporting the set up of new provision. We have run our new 'have a go days' with skill training in a variety of activities including archery, paddle boarding, team building, laser tag and more which we would love to see you at!

2024 saw another group travel to Scotland for a week of learning and improving winter practical mountain skills including the use of crampons and an ice axe. We continue to run the Duke of Edinburgh Award and support clubs enabling their young people to achieve Bronze, Silver and Gold.

**Clubs currently delivering DofE:** Westminster House, Seabrooke Rise, Chelmsford Boys and Girls Club and Belhus Cricket Club.

This year we have been lucky enough to host a Jack Petchey Apprentice and been involved in both the Rank Foundation Time to Shine Programme and Rank Aspire Programme! We want to continue to provide training and opportunities for individuals that want to work directly with young people.

**There is something for everyone! If you would like to get involved in any of the above training or need any other areas we would love to hear from you!**



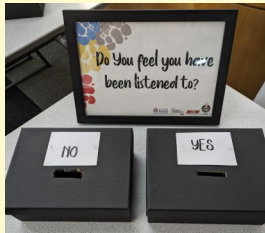
2022 Keystone Awards for Voluntary Service		
Award	Name	Club
Bronze Award for 10 Years Service	Anne Walcott	Bancroft Lions CC
	Jack Deer	Rayne ABC
	Perry Coburn	Rayne ABC
	Peter Hardie	Maldon Boxing Academy
	Leon Jarred	Maldon Boxing Academy
	John Gardner	Frenford Clubs
	Imtiaz Patel	Frenford Clubs
	Robert Rollins	Frenford Clubs
	Lee Patient	Linford Wanderers
	George Griffin	Centurions ABC
Andrew Stewart	Centurions ABC	
Ayyaz Akhtar	Frenford Clubs	
Silver Award for 20 Years Service	David Forbes	Frenford Clubs
	Nicola Forbes	Frenford Clubs
Gold Award for 30 Years Service	Yasin Patel	Frenford Clubs
	Martin Boughtwood	Sampfords Youth Club
Platinum Award for 40 Years Service	George Georghiou	Frenford Clubs
	Dave Forbes Senior	Frenford Clubs



# YOUR VOICE MATTERS TO US!

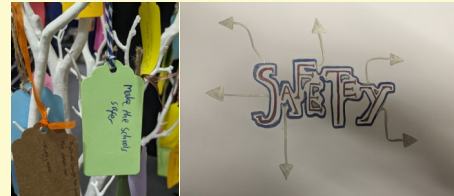
## Youth Voice Conference

The 2023 Youth Voice Conference was held on Saturday 21st October at Writtle University College, Chelmsford where over 100 people gathered together to help continue a conversation to enable change for a better future with one question in mind, how do we keep young people safe in Essex? The theme of the day was Safety: Resilience: Empowerment and was a fantastic example of how working as a team and listening to the voice of young people, real changes can be made. An inspiring part of the day included a Q & A session with a panel made up of adults and young people from local youth groups, Stuart Weaver from Essex Police, The VVU, The Childrens Society and Mark Durham a local Councillor for Essex. Thankyou to ECVYS, Essex VVU and Essex Police for funding and supporting the day and all the local organisations, charities and young people that made the day successful. **Clubs that attended:** The Outhouse, North Avenue Youth Centre, Walton Youth Club and AFIUK.



## VVU Listening Reports

Young people from across our affiliated clubs have been taking part in youth listening projects. In partnership with ECVYS we spoke to young people about healthy relationships and safety within their community. 16 affiliated clubs have taken part with over 190 young people being given the opportunity to share their opinions on these key topics.



## World Federation Of Youth Clubs - International Conference

Congratulations to The Outhouse for responding to our EBGC callout for young creative people. They were chosen as one of the clubs across the worldwide network to be part of the World Federation of Youth Club's Online Conference, 'Lead – Innovate – Collaborate'. The Outhouse presented a Crochet Octopus Workshop and introduced The Outhouse and the work they do. A great showcase of the creative talent of their young people on a worldwide platform.



# Holiday Activity and Food Programme

We have been able to offer the Holiday and Activity Food Programme across Essex supporting young people aged 5 and over. Working in partnership with Active Essex, Essex Activate and the Active Essex Foundation as well as working with the London Borough of Redbridge and Frenford Clubs we have been able to deliver the programme in multiple locations. The programmes included multisport, arts and crafts, competitions and games. Each session also includes a hot meal, snacks and a space to socialise, relax and have fun!



Department  
for Education

**IN ONE YEAR EBGC DELIVERED 301 HOLIDAY ACTIVITY SESSIONS ACROSS ESSEX, THURROCK AND REDBRIDGE!  
THAT TOTALS 1358 HOURS OF DIRECT DELIVERY TO YOUNG PEOPLE AND OVER 6000 ATTENDANCES!**

**Thank you to all the clubs and venues for supporting this programme and making it possible!**

St Annes Youth Club, Chelmsford Boys and Girls Clubs, Seabrooke Rise Community Association, Frenford Clubs





# NCS – National Citizen Service



With NCS looking to reach more young people in different ways, the summer of 2023 saw EBGC launch the new NCS Community Experiences across Essex. These new experiences focus on providing young people aged 15-17 (up to 25 with SEND) with opportunities to meet new people, develop their skills for independent living and employment and make a positive difference through social action. The new experiences take place in the young people's local communities and are completely free of charge to all of the young people taking part.

Over the course of the autumn & winter period our team has delivered almost 20 different experiences in partnership with local schools, colleges and affiliated members of the club network with more than 400 individual young people benefitting as a result.

Summer & Autumn 2024 will see the launch of more new experiences and we still have capacity to offer even more opportunities, if you have a group of young people aged 15-17 who may benefit from a bespoke NCS experience or would like to find out more about these opportunities, please contact the NCS team on [ncs@essexboysandgirlsclubs.org](mailto:ncs@essexboysandgirlsclubs.org) or call the office on 01245 264783.



## Transform our World

In 2023 EBGC established a new partnership with Global Action Plan to deliver Transform our World activities across Essex. In partnership with the #iWill fund, Department for Culture Media and Sport and National Lottery Community Fund, Transform our World is a multi-session activity programme that supports young people aged 10+ to consider what is important to them, how they can make a positive difference to the world around them as well as providing the opportunity to plan and deliver their own youth-led social action project. Transform our World is fully funded so has no cost to young people, schools or clubs taking part.

The EBGC team kicked off the first project in February 2024 with more planned to begin over the summer months. If you would like more information or to book a project for your club, please contact the EBGC Office.





# 2023/24 HONOURS

## Laser Tag

Winners: Silver End  
Runners up: Seabrooke Rise

## Shooting Champions

U14: Linford Wanderers  
Score of 63.  
U18: Billericay and Wickford ABC  
Score of 35.

## Top Gun:

U14: Amy Wheatley (4 Youth)  
U18: Edward Dover (Billericay and Wickford)

## Dodgeball

Winners: Linford Wanderers

## Angling Championships

### Little Walden:

U14 Winner: Te'arna Lutumba 18 ½ lb  
U14 Runner Up: Grace Haynes  
U17 Winner: Josh Haynes 5 ½ lb  
U17 Runner Up: Theodore Alexander  
\*All Westminster House

## Redhouse:

U14 Winner: Toby Wilkins (Linford Wanderers)  
U14 Runner Up: Lola Holland (Pat Wilson SOB)  
U17 Winner: Charlie O'neill (Pat Wilson SOB)  
U17 Runner Up: Kyle Lowe (Pat Wilson SOB)

## The Night Exercise

Winners: Braintree Youth Project  
Runners Up: Linford Wanderers

## 5 a side

### Male

U12 Winners: Frenford Clubs  
U12 Runners Up: Linford Wanderers  
U14 Winners: Linford Wanderers

U14 Runners up: Linford Wanderers  
U16 Winners: Crown and Manor

### **Female**

U12 Winners: Island Boys and Girls FC  
U12 Runners Up: Island Boys and Girls FC  
U16 Winners: Frenford Clubs

### **Essex and National Cross country**

#### **National Individuals:**

U11 Boys  
3rd: Miguel Gonzalez (Islington ABC)  
U11 Girls  
2nd: Isla Helleyer (Sudbury ABC)  
U13 Boys  
1st: Mitchel Gerchen (Billericay and Wickford ABC)  
U15 Boys  
1st: Mason Gerchen (Billericay and Wickford ABC)  
2nd: Keiron Criton (Billericay and Wickford ABC)  
U15 Girls  
2nd: Ellie Spenser (Sudbury ABC)  
U17 Boys  
1st: Reggie Venables (Islington ABC)  
U17 Girls  
1st: Sophie Buckle (Billericay and Wickford ABC)  
2nd: Idatu Baa (Westminster House)  
3rd: Isha Elras (Westminster House)

#### **National Team:**

U13 Boys  
1st: Billericay and Wickford ABC  
U15 Boys  
1st: Billericay and Wickford ABC  
2nd: Sudbury ABC  
U17 Girls  
1st: Westminster House

#### **Essex Individual:**

U11 Boys  
1st: Miguel Gonzalez (Islington ABC)  
2nd: Jim Griffiths (Sudbury ABC)  
U11 Girls  
1st: Isla Helleyer (Sudbury ABC)

2nd: Harley George (Centurions)  
U13 Boys  
1st: Mitchell Gerchen (Billericay and Wickford ABC)  
2nd: Adrian Gonzalez (Islington ABC)

U13 Girls  
1st: Imogen Barry (Sudbury ABC)  
2nd: Courtney George (Centurions ABC)  
U15 Boys  
1st: Mason Gerchen (Billericay and Wickford ABC)  
2nd: Kieron Criton (Billericay and Wickford ABC)  
U15 Girls  
1st: Mollie Watson (Centurions ABC)  
U17 Boys  
1st: Reggie Venabley (Islington ABC)  
U17 Girls  
1st: Sophie Buckle (Billericay and Wickford ABC)  
2nd: Idatu Baa (Westminster House)

#### **Essex Team:**

U13 Boys  
1st: Billericay and Wickford ABC  
U15 Boys  
1st: Billericay and Wickford ABC  
U17 Girls  
1st: Westminster House

**Box Club Challenge Winner 2023:** Billericay and Wickford ABC

### **Table tennis**

#### **Boys**

U12 Winner: Yaseem Elfallah (Frenford Clubs)  
U12 Runner Up: Mikeal Sheikh (Frenford Clubs)  
U14 Winner: Zaeem Shaikh (Frenford Clubs)  
U14 Runner Up: Oliver Grabowski (Purfleet YC)  
U16 Winner: Abdullah Khanji (Frenford Clubs)  
U16 Runner Up: Joel Prabha (Frenford Clubs)  
U19 Winner: Tim Triffitt (Walton YC)

#### **Girls**

U12 Winner: Suri Rahulan (Frenford Clubs)

U12 Runner Up: Mya Rahulan (Frenford Club)  
U14 Winner: Kirsty Mason (Walton YC)  
U14 Runner Up: Lexi Little (Walton YC)  
U16 Winner: Daniya Elfallah (Frenford Clubs)

### **EBGC Bake Off**

#### **Bake Off Champion Showstopper:**

Chloe McMahan (Linford Wanderers Girls Club)

#### **Bake Off Runners up:**

Rebecca Lang (Linford Wanderers Girls Club)  
The Outhouse Colchester Group Entry

#### **Ready Steady Bake Champions:**

The Outhouse

#### **Ready Steady Bake Runners Up:**

Linford Wanderers Girls Club

#### **Technical Challenge Winner:**

Charlie (The Outhouse)

#### **Smoothie Challenge Winner:**

Danek (The Outhouse)

### **Pumpkin Carving Competition**

Winner: Rebecca (Linford Wanderers)

### **Christmas Card Competition**

Winner: Meika (Westminster House)

### **Photography Competition**

Winner: Max (Chelmsford Boys and Girls Club)



Our events and activities programme is made up of local and national opportunities both competitive and non competitive with a focus on sports, arts and residential. For our affiliated club members this provides experiences that they may not otherwise have access to and creates a ladder of opportunity, from training and club games, to countywide competitions through to National Championships, and international experiences we can provide a pathway of success and opportunities for young people.



“It was an exciting opportunity that I enjoyed every moment of. The musical was more than I ever could’ve hoped for and it was an absolute joy to experience. It was a wonderful experience and I couldn’t have been happier that I had a chance to take part in”.

(Young Person talking about their theatre trip)

# Activity Days

## Water activity day:

Clubs: Westminster House, Crown and Manor, Colne Engaine YC & Outhouse.

## Essex Adventure Weekend:

Clubs: PROSPEX, Seabrooke Rise, North Avenue Youth Centre, Colne Engaine Youth Club, Bancroft Lions CC, The outhouse 4 Youth, Gt. Tey Youth Activity Club, St. Annes Youth Club, BGC Wales & Young Bristol

## Arts Day London:

Clubs: Prospex, Silverend YC & The Outhouse.

## Arts Residential at Maes y Lade:

Linford Wanderers, Prospex, Chelmsford Boys and Girls Clubs & The Beech Youth Club

## Theatre Trips:

Seabrooke Rise Youth Club, Bellhus Cricket Club, UMC Phab, Chelmsford Boys and Girls Clubs, The Beech Youth Club, The Outhouse, Thurrock Police Cadets and Rainham Boxing Club

## Chelmsford Arts Day:

Clubs: The Outhouse



EBGC Pumpkin Carving Winner



EBGC Christmas Card Winner



EBGC Photography Winner



NATURE IS NOT A  
PLACE WE VISIT.  
IT'S HOME.

PROSTEX

PROSTEX  
NATURE IS NOT A PLACE WE VISIT. IT'S HOME.

## Champions- Anglia

### Male

#### Class A

U 44kg Santiano Horns (Longs ABC)  
U 52kg Mohammed Al-Amin (Colchester ABC)  
U 54kg Amanollah Sahak (Chadwell St Mary ABC)  
U 60kg Thomas Willet (Longs ABC)

#### Class B

U 48kg Sanjay Tharmathas (Holland Shore BC)  
U 54kg Fynnian Harris (Attleborough BC)  
U 60kg Tommy Jarvis (Mid Essex BA)  
U 63kg Jake Pavely (Canvey Boys Club)  
U 66kg Thomas Brazier (Eastgate ABC)  
O 80kg Rambo Leanca (Brentwood Central)

#### Class C

U 67kg Jayden Waide (Harwich BC)  
U 54kg Paul-Tyler Willet (Longs ABC)  
U 57kg Mohamad Mehdi Sahak (Chadwell St Mary ABC)  
U 60kg Junior Gullum (Mid Essex BA)  
U 75kg Ross Saach (Halstead & Essex Uni BC)

#### Class D

U 63.5kg Tom Browning (Billericay & Wickford BC)  
U 67kg Fabien Dema (Hockley BC)  
U 71kg Alex Sturt (Canvey Boys Club)  
U 80kg Louie Palmer (Halstead & Essex Uni BC)  
U 60kg Georgi Ivanou (Chadwell St Mary ABC)

## Champions- London

### Male

#### Class B

U 63kg Daniel Corcoran (Harrow and District ABC)  
U 70kg Charlie O'Neill (Pat Wilson SOB)

#### Class C

U 71kg Jeziah Viera (Repton Boys Club)

#### Class D

U 63.5kg Sidney Shaw (Islington BC)  
U 67kg Oscar Kusmirek (Islington BC)  
U 75kg Tayla Cox (White Hart Lane BA)

### Female

#### Class B

U54kg Champ Thomas (Finchley and District ABC)

## NABGC National Finalists 2023

### Male

#### Class A

U 40kg John O'Donnell (West Ham Boys and ABC)  
U 46kg George Francis (Rainham BC)  
U 63kg Remi Clark (Finchley and District ABC)

#### Class B

U 46kg Alfie Knipes (Repton Boys Club)  
U 66kg Wally Smith (Finchley and District ABC)  
U 75kg Tyler Youmbi (Repton Boys Club)

#### Class C

U 54kg Matty Attrell (Newham Boys Club)  
O 92kg Kai Anyanwu (Pat Wilson SOB)

#### Class D

U 48kg Awais Hussain (TKO Barking)  
U 60kg Louie Ward (Repton Boys Club)

### Female

#### Class A

U 63kg Vivien Rooney (Islington BC)

#### Class B

U 52kg River Thomas (Finchley and District ABC)

#### Class C

U 52kg Ruth Huntley (West Ham Boys and ABC)

## NABGC National Champions 2023

### Male

#### Class A

U 50kg George Ralph (Rainham BC)  
U 52kg Cruz Pryer (Dagenham P&C BC)  
U 54kg Lewis Bennett (Powerday Hooks ABC)  
U 57kg Finny Baker-Chamber (Rainham BC)  
U 60kg Dorian Scamardella (Islington ABC)

#### Class B

U 44kg Jayden Saker (Chalvedon ABC)  
U 60kg Jamie Barrett (Powerday Hooks ABC)  
U 80kg Joseph McDonagh (White Hart Lane BA)

#### Class C

U 57kg Connor Mitchell (West Ham Boys and ABC)

U 67kg Charles Brown (Repton Boys Club)  
U 86kg Bobby Wallace (Belvedere ABC)

### Class D

U 54kg Reegan Jackson (Rainham BC)  
U 80kg Oladimeji Shittu (Five Star ABC)  
U 86kg Lucas Roehrig (Dale Youth)  
U 92kg Tino Rellot (Dale Youth)

### Female

#### Class C

U 72kg Lilly Dolling (Harrow and District ABC)

The NABGC Boxing Championships took place across October and November last year with our clubs hoping for national success. We held the London Rounds at Five Star ABC, with the Anglian Round, Regional Round, and Quarter Finals being held at Great Parndon Community Centre in Harlow. We also held the National Semi Finals for the south of the country in Essex, at Manningtree Sports Centre. For those that made it this far, it was a trip up to Bridlington for the National Finals. Throughout the Championships there was some top-class boxing on display, with impressive and competitive bouts across all the classes.

**As ever, a big thank you to all the officials that continue to support the NABGC's and well done to all the boxers that took part. We are proud to say that we have 16 National Champions from our affiliated clubs!**



**NABC 2023**



# EBGC Representative Football Squad

The 2023/24 season was a season of development both on and off the pitch for our U16 Rep Football Squad. We had two tough games against West Ham United FC and Norwich City FC where the lads displayed great determination and resilience to keep going until the final whistle despite trailing. In February the team travelled to Wales for a long weekend of team bonding and fun! They travelled to Swansea to watch a championship encounter between Swansea City FC and Ipswich Town FC, climbed the mountain Rhos Dirion, and had a great game against Swindon Town FC.

Squad: Aaron Stewart, Alfie Brown, Shaun Ryan, Ntando Mpofo, Finley Courtnell, Ryan Webb, David Iwetan, Kane Allison, Kenzie Hull, Aaron Dumoulin, Ethan Leslie (**Basildon Boys and Girls Clubs**), Oscar Tuveno, Richard Jalloh, Kyron Omario-Lee (**Crown and Manor**), Kayin Rose-Morrison, Charlie Rogue, George King, Harry Townsend, Freddy Townsend, Owen Laver, Freddie Whybrow, Nio Smith (**Mornington FC**), Freddie Stillitoe, Sonny Hubbard, Louis Mitchell, Sonny Smith (**Ashingdon FC**)





Last season our U12 and U14 rep cricket squads travelled to a number of prestigious schools and colleges from around the local counties. Our u12s played against Chigwell, Kimbolton, Orwell Park, and the pick of the games against Reeds, where we lost by only 19 runs in a thrilling encounter. The u14s faced Chigwell, Tonbridge, Reeds, Eton, and Kimbolton. The highlight of the season was an Essex win by 1 run against Kimbolton off the last ball of the game!

### U12 Squad:

Ronnie Shaw, John Coshell, Matthew McSweeney, Kayhan Suneel, Alfie Bowman, George Bowman (**Belhus CC**), Shrivallabh Kulkarni (**Billericay CC**), Aradnya Mukherjee, Bhavyameet Singh, Ibrahim Mir, Zayn Altaf, Isa Valli, Zayn Hussain, Saif Ali Zahoor, Ayman Patel (**Frenford Clubs**), Oscar Hayes (**Upminster CC**), Siddhant Rajan, Freddie Alexander, Shalom Mocherla, Joseph Shelock, Shahid Akbar, Zain Ramsey, Berhan Jackon (**Bancroft Lions CC**)

### U14 Squad:

Oliver Davy, Louie Mailey, Harvey Stapleton, William Dawson, Ben Gladman, Afra Rose Mohamed, Aariyan Kansagra, Alfie Ware (**Belhus CC**), Aedan Daly, Stanley Moore (**Upminster CC**), Adwaaith Shanmugha Sundharam, Faheem Ahmed, Hamza Ashraf, Mohammed Azlan Shaikh, Mudabbir Ahmed Zeeruk, Adam Chaudhary, Micah Edwards (**Frenford Clubs**), Jacob Shelock, Kashi Mukherjee, Albert Edmonds, James Fowler, Monty Mahoney, Lara Walcott, Sanaa Idahosa, Evan Warwick (**Bancroft Lions CC**)

The EBGC representative Squads enables talented club members that play within their local teams an opportunity to play additional and prestigious games against well known teams, clubs and schools providing excellent personal and sporting development.

*Thankyou to our partners, club leaders, volunteers and key individuals that support us to provide this opportunity to talented and ambitious young people across the county.*

# EBGC Representative Cricket Squad



*'It benefited numerous young cricketers, allowing them to experience remarkable venues, grounds, oppositions and gain valuable learning opportunities'*



# THE RESPECT PROJECT



*"Thank you for giving my kids an amazing experience. Since lockdown Ciara has been a shadow of her former self socially and today the sparkle is back in my girls eyes".*

Following the challenges of the last few years we were finally rewarded with a return to the tried and trusted format for our Respect Projects. We fully utilised the splendour of High Row our centre in the Northern Fells of the Lake District and Maes Y Lade in the Black Mountains of South Wales.

Young people initially attend our Activity Days at Layer Marney Outdoors, taking part in a variety of activities including Bush Craft, Raft Building, Team Challenges and Woodland Challenges.

A positive mindset and attitude, an appetite for teamwork, good listening skills and a willingness to learn, earned half of the participants the opportunity to attend a Life Skills Course over an 8-week period where they learnt about teamwork, communication, peer pressure, anger management and drug awareness in preparation for the week away.

During the weeks away they were challenged by some of the biggest mountains in England and Wales including the Brecon Beacons Horseshoe in South Wales and Blencathra, and Skiddaw in the Lake District.

They also used all the survival skills they had learnt by going on a 24-hour expedition and wild camp in wet and cold conditions and cooking ration packs on Trangia's, small, methylated spirit stoves.

Shortly after their return they are given the opportunity to share their experiences and achievements with parents, school and VIP's at Presentation evenings celebrating each and everyone's success and a positive outcome was their attendance at the JPF Residential Trips to Maes Y Lade during the following school holidays.

**Our thanks to The Jack Petchey Foundation, The Essex Violence and Vulnerability Unit (VVU), Charles French Charitable Trust and Braintree District Eastlight Community Fund who made the projects and their outcomes possible.**



# A message from Maes y lade - Assistant Director David Hassard

2023 saw our busiest year to date at Maes y Lade and during the school holidays we were able to welcome even more young people from within the EBGC network thanks to the continued support from the Jack Petchey Foundation, Essex Youth Trust and Essex Educational Task Force. 477 young people took part in the 5 day activity programme that enables young people from Essex to get into Mountains, Gorges, Crags, Caves and Rivers that our residential centres have on their door steps. A massive thank you to all the club leaders and helpers who gave up their time and sleep so their club members had the opportunity to take part! These club based residential have formed part of the wider programme at Maes y Lade alongside the usual mix of Schools, Princes Trust Groups, Respect Projects, Duke of Edinburgh, a local Outdoor Club for young people that live nearby to the Centre and new for 2023 Scottish Canoe expeditions.

I think it has become even more critical over the past few years for young people to have the chance to take part in residential outdoor experiences. This importance can be evidenced by the Outdoor Education bills moving through the legislation stages in both Wales and Scotland at the time of writing in order to guarantee young people the right to an Outdoor Residential as part of their formal education. We are also working with Tim Farron MP to do the same in England. These bills may or may not become law, but they do highlight the importance of the experiences that we provide for young people to learn about themselves and develop key life skills such as resilience and being able to work effectively as part of a team.

The EBGC staff and volunteers involved in residential work will all have similar stories of when young people have found it tough at the start of weeks away and after a couple of days of climbing up and down the mountains or similar young people will often tell me that they are done! Yet somehow they keep going and by the end of the week can reflect back on how far they have come and what they have achieved. When you have moments like this you realise how important it is to keep providing these opportunities in the future.

A big thank you to Ollie, Elliott, Paul, Rich and all the other staff that support programmes based here in Wales for their efforts in making 2023 a success. Also a special mention and thank you to the Rank Foundation who have supported Rich as part of the Rank Aspire Programme that he began with us in Autumn.

We look forward to welcoming many of you back again in 2024!

Contact: email [maesylade@essexboysandgirlsclubs.org](mailto:maesylade@essexboysandgirlsclubs.org) / phone 01497 847236 / website [maesylade.org](http://maesylade.org)



# An update from Layer Marney outdoors

This year we focused on increasing the range of activities we can deliver both on and off site. On site, we have reintroduced the Crate Stack activity, got the mobile climbing wall up and running, and collaborated with the Tower team to include self-guided tours and pizza making to the range of activities we have to offer. We have delivered activity days for children and adults at several venues across Essex including Mersea Boating Lake, Debden House, Saffron Walden MOD site, and Sir John Heron Primary School as well as other schools participating in Respect Projects. We have delivered training days for staff to refresh and upskill to deliver a more varied range of activities on a theme, such as the Water Day and Night Exercise events. We have also offered activities to a wider range of clientele such as schools with alternative provision for behaviour and SEND young people, birthday party sessions for younger children and the occasional adult.

In 2024, we have several 'Have a go days' scheduled for staff and volunteers to learn about the new activities we offer and develop their skill towards supporting and delivering on busy days. We are focusing on increasing awareness of what we offer, building our contacts list and developing working relationships with regular groups.

If interested in coming to LMO give us a call or email [bookings@essexboysandgirlsclubs.org](mailto:bookings@essexboysandgirlsclubs.org)



## OUR ADVENTURE CENTRES



Maes y Lade Centre located in the beautiful Brecon Beacons



High Row located at the foot of Carrock Fell, The Lake District

## OUR OUTDOOR CENTRE



Layer Marney Outdoors, Located near Colchester, Essex

# A YEAR IN NUMBERS AND PHOTOS



EBGC RAN 35  
EVENTS WITH  
1,365  
ATTENDANCES!



WE HAVE 15,000  
YOUNG PEOPLE IN  
OUR AFFILIATED  
CLUB NETWORK



74 YOUNG PEOPLE  
REPRESENTED EBGC  
IN OUR  
REPRESENTATIVE  
SQUADS IN CRICKET  
AND FOOTBALL



4 YOUNG PEOPLE FROM  
EBGC GOT TO ATTEND  
THE BIG LUNCH AT 10  
DOWNING STREET  
HOASTED BY THE PRIME  
MINSTER



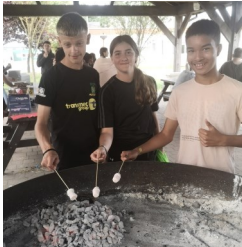
1 PRIME MINISTER'S  
VISIT TO EBGC AND  
2 VISITS TO  
NUMBER 10  
DOWNING STREET



63 YOUNG PEOPLE  
TOOK UP THE  
OPPORTUNITY TO  
VISIT A WESTEND  
SHOW IN LONDON



WE HAD 188  
ENTRIES INTO 3  
EBGC ART  
COMPETITIONS!



19 YOUNG  
PEOPLE RECEIVED  
THEIR DUKE OF  
EDINBURGH  
AWARD



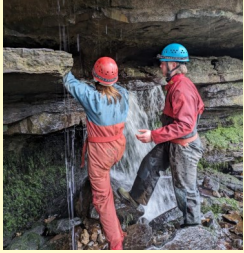
99 CLUB LEADERS  
AND VOLUNTEERS  
HAVE COMPLETED  
THEIR LEVEL 2  
SAFEGUARDING  
QUALIFICATION



**99 GROUPS TOOK PART IN ACTIVITIES AT LAYER MARNEY OUTDOORS**



**IN 2023 477 YOUNG PEOPLE ATTENDED A JACK PETCHEY FOUNDATION RESIDENTIAL PROGRAMME**



**WE HAD OVER 6000 ATTENDANCES AT THE HOLIDAY ACTIVITY AND FOOD SESSIONS ACROSS ESSEX, THURROCK AND REDBRIDGE**



**DURING 2023 OUR MAES Y LADE CENTRE DELIVERED 59 RESIDENTIALS**



**WE DELIVERED ACTIVITIES TO 1448 INDIVIDUALS AT LAYER MARNEY OUTDOORS**

**20 DIFFERENT GROUPS VISITED OUR HIGH ROW CENTRE IN THE LAKE DISTRICT**



**271 YOUNG PEOPLE TOOK PART IN A YOUTH LISTENING PROJECT**



**6 YOUNG PEOPLE DELIVERED A SESSION AT THE WORLD YOUTH CLUBS CONFERENCE "LEAD, INNOVATE, COLLABORATE"**



**18 KEYSTONE AWARDS WERE PRESENTED TO VOLUNTEERS AT THE EBGC AGM**



**115 CLUB LEADERS AND VOLUNTEERS COMPLETED THEIR EMERGENCY FIRST AID CERTIFICATES**



# TREASURER'S REPORT - Graham Middleton

It is fair to say that, after the disruption caused by the Covid Pandemic followed by a period of inflation and national economic and political uncertainty, Charities income would eventually suffer. In fact, it continues to be funding originating from central government that has reduced, with the National Citizen Scheme impacting the most. However, we had been expecting this to happen and the strength of our reserves enables us to be sure of continuing our core programs with on-going vigour. The current year will see a long-term project funded by the Big Lottery come to a successful conclusion, again, we are working hard to replace this income, and have the reserves to negate any possible adversity along the way. This puts us in a very strong position to deliver on bids for funding streams and I am sure this is appreciated by benefactors seeking good value for their financial support. We exist to create life-changing and affirming opportunities for young people and as this brochure illustrates, we are certainly doing just that. This Charity remains very grateful to all those benefactors whose belief in our ability to make good things happen to young people moves them to provide the funds that make it possible.

Despite incoming resources falling some 7.4% to £1,380,492, we were able to grow our overall funds by a modest £23,781, this after a small increase in expenditure on delivering our charitable activities. The increase in net incoming resources was considerably boosted by an unrealised gain in the value of our invested core reserves and this helps to preserve the purchasing power of these reserves.

We carry forward into 2024 funds totalling £3,628,975 compared to £3,419,311 at the end of 2022. Of this total, we increased funding for future restricted projects by £103,814 to £592,083 and increased reserves for funding designate activities by £19,371 to £1,706,590. Our core unrestricted reserves were able to absorb an excess of expenditure over income of £107,584 leaving a net asset base of £1,330,302 as a resounding foundation for future development.

Abbreviated accounts are published here, a full audited set including the Trustees report is available on application to Harway House and will be filed with the Charities Commission.





Statement of Financial Activities (including Income & Expenditure Account) for the Year ended 31st December 2023	Unrestricted General Fund £	Designated Fund £	Restricted Fund £	Endowments £	Total 2023 £	Total 2022 £
<b>Incoming Resources</b>						
<b>Income and endowments from:</b>						
<i><b>Voluntary income:</b></i>						
Donations and grants received	30,456	628,932	310,080	-	969,468	1,309,978
<b>Incoming resources from charitable activities:</b>						
Activities and course fees	29,411	18,112	-		47,523	46,840
Camping, accommodation and catering	307,440	-	-		307,440	290,532
<b>Other Trading Activities</b>						
<b>Fundraising events</b>	16,061	-	-		16,061	14,522
<b>Investment income</b>	40,000	-	-		40,000	8,799
Other income	-	-	-	-	-	-
<b>Total</b>	<b>423,368</b>	<b>647,044</b>	<b>310,080</b>	<b>-</b>	<b>1,380,492</b>	<b>1,670,671</b>
<b>Expenditure on:</b>						
<b>Costs of generating voluntary income:</b>						
Staff employment costs	64,186	-	-		64,186	31,688
Cost of staging fundraising events	4,013	-	-		4,013	748
<b>Charitable activities:</b>						
Grants in furtherance of objectives	-	-	-		-	-
Costs of activities in furtherance of objectives	450,501	452,980	240,005	-	1,143,486	1,131,543
<b>Other costs:</b>						
Expenditure on management and administration	45,854	-	99,172		145,026	130,684
<b>Total</b>	<b>564,554</b>	<b>452,980</b>	<b>339,177</b>	<b>-</b>	<b>1,356,711</b>	<b>1,294,663</b>
<b>Net Incoming Resources before other recognised movements</b>	<b>(141,186)</b>	<b>194,064</b>	<b>(29,097)</b>	<b>0</b>	<b>23,781</b>	<b>376,008</b>
<b>Nett gains on investments</b>						
<b>Unrealised</b>	<b>185,884</b>	<b>-</b>	<b>-</b>		<b>185,884</b>	<b>(92,434)</b>
<b>Other recognised movements</b>						
Project servicing costs and depreciation transferred between funds	<b>(152,282)</b>	19,371	132,911	0	-	-
<b>Net Movement of Funds</b>	<b>(107,584)</b>	<b>213,435</b>	<b>103,814</b>	<b>0</b>	<b>209,665</b>	<b>283,574</b>
<b>Reconciliation of funds</b>						
Total funds brought forward	1,437,886	1,493,155	358,774	129,495	3,419,310	3,135,737
<b>Total funds carried forward</b>	<b>1,330,302</b>	<b>1,706,590</b>	<b>462,588</b>	<b>129,495</b>	<b>3,628,975</b>	<b>3,419,311</b>

# Fundraising

## 3peaks Challenge 2023

In June 2023 another group took on the famous 3 Peaks Challenge led by EBGC Director Martin Solder in aid of raising money for EBGC and their own clubs. 7 individuals took on the 3 highest UK mountains; Ben Nevis, Snowdon and Scafell Pike! Everyone completed the challenge within the 24hours- Well done! As a yearly event in the EBGC diary another group will take on the challenge in June 2024. Walkers: Martin Solder, Tony Wakeling, Paul Wakeling, Yasin Patel, Grace Kimberly, Charlie Burgess and Daniyal Saunders. Back up: Jamie Drummond.

## Celebrity Golf Classic at Gosfield Lake Golf Club

It is with great thanks to everyone who joined us at our annual Celebrity Golf Classic on Wednesday 5th July 2023. 22 teams joined us for some friendly competition, carvery luncheon, auction and raffle. We also enjoyed some fantastic entertainment from singer and musician Cameron Fellows and comedian Charlie Bailey. Thanks to everyone for your support on the day and to everyone who made a donation to our raffle and auction as well as to John Hawkins for printing our programs. A special mention to everyone at Gosfield Lake Golf Course for their continued support in hosting this event.

### Prizes on the day were as follows:

**John Conteh Trophy for the winning team:**

Chigwell GC (John Seabrook)

**The Runner Up Team:** Suffolk Cockneys (John Barrick)

**Frankie Vaughan Trophy for Best team**

**back, 9 holes to card:** Captain's Team (Les Turner)

**Winner of Best Celebrity Player:** Courtney Philips

**Winner of Best Non-Celebrity Player:** Roger Bocking

**The Philip Lait Trophy for Nearest the pin**

**8th Hole:** Chris Richards

**The Peter Doe Trophy for Longest drive 1st hole:** Geoff Watson

**The Roy Cottrell Trophy for nearest the pin**

**17th hole:** Roger Byford

**The Geoff Nesbitt Trophy for longest drive 7th hole:** Sam Bayliss

## Welsh 3000

We never let a challenge stand in our way! This summer 4 EBGC staff members took on the Welsh 3000's to raise money to buy lifesaving defibrillators for our outdoor activity centres in South Wales, Maes y Lade and the Lake District centre High Row. The Welsh 3000s Challenge is extremely tough and is regarded as one of the UK's hardest walking feats. You are required to have summited all 15 mountains over 3000ft in Wales within the space of 24 hours! The distance is about 24 miles from start to finish, but the walks to the start point and down from the finish point take it to over 30 miles in total with 4000m of ascent.



It took the EBGC team 22 hours to complete the challenge! Thankyou to everyone that supported us. EBGC Team: Essex Boys and Girls Clubs Director Martin Solder, Assistant Director Dave Hassard and Maes y Lade Centre Outdoor Instructors Ollie Gunton and Elliott Willgoss. Backup team: EBGC Project Team member Bruce Page.

## Partnerships

Some of the partners we have worked with over the last year: National Association of Boys And Girls Clubs, World Federation of Youth Clubs, Boys and Girls Clubs of America, Essex County Council, Jack Petchey Foundation, The Rank Foundation, NCS Trust, England Boxing, Essex County Cricket, Table Tennis England, Active Essex, Essex Activate, Sport England, Essex Council for Voluntary Youth Services, National Lottery Community Fund, Norwich City Football Club, Erasmus +, Warrior Boxing, YMCA George Williams College, London Borough of Redbridge, Woodland Trust, Essex Community Foundation and many more!

*Thankyou for your continued support! We look forward to another exciting year ahead.*



# PASSIONATE PEOPLE WORK HERE

## PATRONS

The Lord Lieutenant of Essex, Jennifer Tolhurst,  
The Lord Petre, KCVO, KstJ

## VICE-PRESIDENTS

Mrs June Owen

Sir J. Petchey CBE, R.M. Williams FITE, R. Smith,  
J. McAlonan, The Lord Dixon-Smith DL.

## VOLUNTARY EXECUTIVE COMMITTEE

CHAIRMAN: Jonathan Douglas-Hughes OBE DL

VICE-CHAIRMAN: Michael Dyer MBE, HON.

TREASURER: Graham Middleton FCA,

COMMITTEE MEMBERS:

Peter Drummond, David Springett, Lee Blissett,  
Julie Fosh, and Ron Mills

**BANKERS** C.A.F. Bank Ltd.

**AUDITORS** Ashings Chartered Accountants

**ACCOUNTANTS** Spencer Fellows & Co

## ACTIVITY CENTRES

### High Row Centre

Hesket Newmarket, Wigton, Cumbria CA7 8JT

### Layer Marney Outdoors

Layer Marney, Essex, CO5 9US

### Maes Y Lade Centre

Tregoyd, Brecon, Powys, Wales LD3 0SS

T: 01497 847236 [www.maesylade.org](http://www.maesylade.org)

Registered Charity No: 1163658

**HEAD OFFICE:** Harway House, Rectory Lane,  
Chelmsford, Essex, CM1 1RQ

**T: 01245 264783**

[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)

## STAFF IN 2023/24

**Director:** Martin Solder

**Assistant Directors:**

David Hassard

Kevin Bowers

## CLUB DEVELOPMENT TEAM

**Club Development Lead:**

Rebecca Mabey

**Club Development Officers:**

Sue Pell,

Jamie Drummond (Until Sept 2023)

**Club Servicing Officers:**

Richard Bonnington

**Arts Development Officer:**

Jessica Pease

**Sports Development Officer:**

George Sokhi

## PROJECTS TEAM

**Projects Manager:**

Jay Solder

**Projects Lead:**

Bruce Page

**Projects Workers:**

Keith Cranmer

Monique Adewaju (From Jan 2024)

Lucy Fernie (From April 2024)

**Youth Work Apprentice:**

Abel Brett (Nov 2023)

**Rank Time To Shine:**

Monique Adewaju (Until Jan 2024)

**Rank Aspire:**

Cassie Maslin (Until Sept 2023)

## Jack Petchey Internship:

Lucy Fernie (From April 2023 to April 2024)

## NCS Recruitment and Engagement Lead:

Andy Moore

## ADMINISTRATION TEAM

**Finance Officer:**

Malcolm Cummings

**Media and Marketing Assistant:**

Dominic Edwards (until May 2023)

**Fundraiser:**

Dominic Edwards (From Oct 2023)

**Volunteer Administrator:**

Val Hoines

**University Placement:**

Abigail Doughty (Until September 2023)

## MAES Y LADE:

**Maes Y Lade Centre Manager:**

David Hassard

**Maes Y Lade Staff:**

Paul Clarke, Ollie Gunton, Elliott Willgoss

**Rank Aspire:**

Richard Earley (From Sept 2023)





# ESSEX BOYS AND GIRLS CLUBS

The Charity's object is to further the development and education of boys and young men and girls and young women, primarily but not exclusively in a single gender setting so as to help them achieve their physical, mental and spiritual potential, enabling them to grow to full maturity as individuals and members of society.



[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)