



Essex Boys and Girls Clubs

Working with voluntary youth clubs to support young people to realise their potential

ANNUAL REVIEW 2022/23

CHAIRMAN'S REPORT - Jonathan Douglas-Hughes OBE DL

Our support for clubs continues to be our top priority. This was our last year of the National Lottery Community Fund support for this work however we are determined to continue and expand what we do in 2023. Our clubs and their members are of paramount importance to us, with training for adult leaders and volunteers an integral part of our offer. Safeguarding training, which is such an important issue in today's world, has been a key area of delivery over the last few years and is something that we have provided along with First Aid and a variety of youth work courses. If there are other training needs that you require to run clubs effectively and efficiently then just let us know and we will provide it.

Our outdoor centres continue to be well used by clubs and other youth organisations. Maes Y Lade once again, under the leadership of David Hassard, has outperformed last year and there are more members and school groups using it than in previous years. Brian Thompson from Maryport Boys and Girls Clubs in Cumbria, despite being over 80, continues to ensure that the High Row Centre is in tip top condition to welcome groups. Brian does this totally voluntarily and is a tremendous supporter of young people from all areas. Of course we have Layer Marney Outdoors which is a wonderful facility for day visits in the grounds of Layer Marney Tower, which can cater for all types of youth groups and young people. If you are interested in using any of the centres then speak to the EBGC staff who will be more than happy to help and assist.

Over the coming year we hope to re-establish our international exchange programmes both to America and Nepal, and through the World Federation of Youth Clubs of which we are a member we are hoping to open up new destinations in Africa and Central and South America.

Thank you to everyone that has supported our Association in whatever capacity, whether that is through giving your time or money. Without both we would not be able to do what we do and the young people of Essex would be much the poorer.

Long may we be able to count on your support.



DIRECTORS REPORT - Martin Solder

2022 has been another fantastic year for EBGC, our clubs and of course the young people within them. Our National Lottery funded club support programme enabled us to deliver additional support and training for volunteers and young people. The Jack Petchey Foundation funded residential holiday experiences for 400+ young people to visit Maes Y Lade with some of the places were match funded by the Essex Youth Trust and the Essex Educational Task Force. The National Citizens Service came to an end during 2022, but we were pleased that more young people had the opportunity to get into Social Action programmes. Our usual club programme continues to expand from the 100 Mile Canoe Test to the Table Tennis Championships numbers of young people attending events were greatly improved on the previous year—more about this further on in the annual review. Our Holiday Activity and Food programmes now keep us very busy during all the various school holiday breaks in Essex, Thurrock and Redbridge.

Our Outdoor Centres continue to provide adventurous activities in South Wales and the Lake District for all manner of groups of young people and Layer Marney Outdoors is a focal point in Essex for our local outdoor offering. They also enable us to deliver our Respect programme which has now been running for over 20 years and has a proven record with regard to its outcomes for the young people who take part in the programme. Thanks to support from the Jack Petchey Foundation, and the Charles French Trust we are able to continue to expand and grow these programmes so that more young people can benefit from them.

We welcomed new Arts and Sports Officers to the team in Jess Pease and George Sokhi. Both have already made their mark with clubs and we are expecting great things from them over the next year.

A particular highlight for me were our fundraising events at the end of the summer. The 5.50.5 which was a 5 mile Canoe, a 50 mile bike ride, finishing with a 5 mile hike across the Black Mountains back to Maes Y Lade was great fun and there were a number of young people who also joined in. Later in September a small group of supporters cycled from Lands End to John O'Groats over 7½ days. Staying at youth groups the length of the Country we were made especially welcome by John at Barton Athletic where we slept on the 2012 Olympic wrestling mats, St Paul's Youth Forum in Glasgow who prepared a lovely meal to greet us as we arrived at the club and carried out repairs to bikes through their cycle scheme, and the Community House St Buryanin in Cornwall who within minutes of meeting them gave us the keys to their community centre including the bar! The reception and sense of community that we received up and down the country was absolutely fantastic and re-emphasised the importance of community to me.

We were very fortunate to have the Prime Minister launch his Anti Social Behaviour programme from Chelmsford Boys Club. It was a particular highlight to point out his connection with the Boys and Girls Clubs of Santa Monica, and he also talked about and the fact that we play Winchester College, his old school, at cricket. I was especially pleased to tell him that we beat them last year! The fact that he came to the offices and met all the staff was a little icing on the cake and recognises the fantastic work our staff team do.

So what does 2023 have in store? It's hard to tell at this stage but we are looking to develop two new youth centres all being well with new buildings and facilities. A further expansion of the Respect programme, greater levels of club support, more programmes especially residential visits to Maes Y Lade and High Row, more outdoor pursuits at Layer Marney Outdoors and of course more activities, events and training for young people and leaders to take part in. We will not be able to do any of this without your support, which we value immensely. Many thanks for a great 2022 and here's hoping that 2023 is equally as positive and productive.

A to Z of Affiliated Clubs

2BX Boxing Club
4 Youth Brightlingsea
Ab Phab
Albion Boxing Academy
All Stars Youth Club
Ashingdon YFC
Attleborough Boxing Club
Aylesham ABC
Bancroft Lions Cricket Club
Basildon Boys & Girls Club
Basildon Volunteer Police Cadets
Belhus CC
Belvedere ABC
Berechurch Youth Club
Bergholt YG
Billericay and Wickford Boxing Club
Billericay Cricket Club
Bodyshots BC
Braintree Youth Project Charity
Brentwood Central B
Brentwood VPC
Brentwood Youth Boxing Club
C.B.K. Boxing Academy
Canvey Boys Club
Canvey Island Youth Football Club
Castlepoint & Rochford Volunteer
Police Cadets
Centurions ABC
Chadwell St Mary ABC
Chalvedon ABC
Chelmer Village YC
Chelmsford ABC
Chelmsford Boys and Girls Club
Chelmsford Volunteer Police Cadets

Clacton Volunteer Police Cadets
Colchester ABC
Colchester Volunteer Police Cadets
Colin McMillan Boxing Training
Academy
Colne Engaine YC
Cricklewood ABC
Crown and Manor Club
Dagenham P&C Boxing Club
Dale Youth
Double Jab ABC
Dunmow Youth Club
Earlsfield ABC
East London Boxing Club
Eastern Rhinos Rugby League Club
Eastgate Amateur Boxing Club
Edmonton Eagles ABC
Epping / Debden Volunteer Police
Cadets
Essex Marching Corps
Fairbairn ABC
Fenland Sparta ABC
Fight For Peace
Finchley & District Amateur Boxing
Club
Five Star ABC
Frenford Clubs
Gateway ABC
Gt Tey Youth Activity Club
Halstead and Essex Uni Boxing Club
Harlow ABC
Harlow Volunteer Police Cadets
Harrow & District ABC
Harwich BC

Harwich Volunteer Police Cadets
Hockley Boxing Club
Holland Shore Amateur Boxing Club
Infinity Allstars Academy
Ingatestone Boys Own Club
InterAct
Island Boys & Girls FC
Islington Boxing Club
Lifstan Boys' Club
Limehouse Boxing Academy
Linford Wanderers Football & Sports
Club
Longs ABC
Maldon Boxing Academy
March Boxing Club
Mersea Island Judo Club
Mid Essex Boxing Academy
Newham Boxing Club
North Avenue YC
Norwich City ABC
Pat Wilson's School of Boxing
Peacock ABC
Peterborough Police Amateur Boxing
Club
Poplar Boys'and Girls Club
Powerday Hooks Boxing ABC
PROSPEX
Purfleet Youth Club
Rainham Boxing Club
Rayne Boxing Club
Repton Boys Club
Riverside Boxing Club
Romford Drum & Trumpet Corps
Roxwell Youth Group
Royals Youth Centre
Sampfords YC

Seabrooke Rise Community
Association
Silver End Youth Club CIC
Smokey's Community Boxing
Academy
Southend ABC
Southend Volunteer Police Cadets
St Annes Youth Club
St Cedds YC
St Ives Boxing Academy
St Pancras Boxing Club
St. Osyth Boxing Club
Sudbury ABC
Thaxted YG
The Beech Youth Club
The Lion Club for Young People
The Pod Youth Club
Thurrock Volunteer Police Cadets
Top Yard School of Boxing
Torchlight Youth Club
Ultimate Boxing Academy
UMC Phab Youth Club
Wanstead Rugby Club
Wanstead Youth Club
WAY2000
West Ham Boys & ABC
Westminster House Youth Club
White Hart Lane Boxing Academy
Wickford Town FC
Witham Hang Out
Woodham Radars FC
Yeading Boxing Club
Yellow Door Youth Clubs
Zone 1 (AfIUK's Minority
Intergration Youth Club)



National Lottery Community Fund! The 3 year project came to end in November 2022 and after contending with a global pandemic we were still able to remain true to what we had set out to do. Throughout the project **998 young people, volunteers and club leaders received training, 631 received qualifications** or recognised certificates and on top of that over **16 clubs took part in training around running a youth club in COVID19 and beyond**. We were also able to facilitated **11 young voice projects engaging 450 young people** to ensure young people remain at the centre of our work.

The Beech Youth Club The Beech Youth Club has been running since 2021 after receiving funding from Swan Housing to engage with local young people. “We have had a variety of young people come through our doors, currently we have had 80 members with weekly attendance of 18-20 young people . We have lots of fun with our arts and crafts activities and sports sessions. The young people’s favourite activity they have done so far was canoeing last year with our club leaders. They have taken an interest in lots of EBGC activities, recently some of our members have taken part in Young Leaders Training in Wales and our Arts Day Colchester. They are looking forward to taking part in upcoming events this year”. Cassie Maslin - EBGC staff member and The Beech Youth Club Leader.



NABGC #StartSomewhere Campaign The NABGC #StartSomewhere Campaign will see NABGC embark on the first national fundraising and awareness raising campaign. The campaign will focus around the theme that everyone has to start somewhere – whether that’s a glittering career in sport or in the media, or even just in life or other career. Nationally our clubs give a start to hundreds of thousands of young people and enable them to go on and have successful lives and careers, some of which will become the next superstars in sport and the arts. You are a part of this! Lewis Richardson a member of Halstead and Essex University Boxing Club and Centurions Boxing Club who received Silver at the 2022 European Championships launched the campaign with a BBC Essex Radio interview and a video that can be seen on the NABGC website.



2022 Keystone Awards for Voluntary Service		
Award	Name	Club
Bronze Award for 10 Years Service	Andrew Parker	Linford Wanderers
	Rachel Brooks	Linford Wanderers
	Gerry Saunders	Linford Wanderers
Silver Award for 20 Years Service	Elaine Fletcher	Way 2000
	Hayley Meagher	Essex Marching Corps
	Sue Pell	St. Annes Youth Club
Gold Award for 30 Years Service	Graham Middleton	Essex Boys and Girls Clubs
	Ray Williams	Thaxted Youth Club
	Rita Williams	Thaxted Youth Club
Presidents Award for 50 Years Service	Richard Bonnington	Ingatestone Boys Own Club



YOUR VOICE MATTERS TO US!

Youth Voice Conference

The conference was held at Anglia Ruskin University Chelmsford, it was organised and delivered in partnership between Essex Boys and Girls Clubs (EBGC), Essex Council for Voluntary Youth Services (ECVYS) and Essex Police with support from the Essex Young Assembly, Epping Forest Youth District Councillors, Rainbow Services and The Outhouse. The conference aimed to provide a space for young people, charities, service providers, key decision makers and local organisations to continue the conversation about issues that matter to young people and ask our statutory services to listen more to the younger generation and work together to make real changes. Over **50 young people attended with over 100 people participating in the event!** Clubs that attended: The Outhouse, North Avenue Youth Centre, Linford Wanderers, African Families in the UK, Harlow Volunteer Police Cadets and Uttlesford Volunteer Police Cadets.

VVU Listening Reports

In partnership with ECVYS we spoke to young people about their views around youth violence and how safe they feel in their communities. We completed the Violence and Vulnerability Unit (VVU) listening sessions with **209 young people across 15 groups in 14 districts!** Their opinions and feedback will be listened to! Thankyou to everyone that took part!

In partnership with the NHS and the National Association of Boys and Girls Clubs we listened to young peoples thoughts about the covid-19 Vaccine and how the NHS can better reach young people and provide reliable up to date information. We spoke to **85 young people from 6 different affiliated clubs.**

Erasmus Romania project

Our Erasmus+ project, Bushcraft as a Youth Work Tool, came to an end in September 2022. The project was a great success, and culminated with a team from EBGC travelling to Romania for 5 days to deliver bushcraft training to other youth work professionals from Cyprus, Italy, Ireland, and Romania. The course took the team to the mountains and forests of Predeal and whilst they didn't come face-to-face with a bear, they did spot some tracks. This also provided us with another valuable opportunity to meet with other youth workers, learn from their experiences, and share ideas around games and activities for engaging with young people in the outdoors. The whole Erasmus+ experience provided us with lots of learning, and enabled us to produce a comprehensive toolkit booklet with Instructional videos highlighting non-formal learning opportunities, and promoting informal learning opportunities, in the outdoor environment.



NHS COVID Vaccine project

NCS



NCS -National Citizen Service

2022 saw the welcome return of residential activities to NCS with EBGC running three 2-week programmes across 6 weeks of the summer break in July & August. The first week of NCS saw the young people head away for 5 days of residential activities at Grosvenor Hall in Kent including team challenges, outdoor adventure activities and life skills workshops to help the young people feel ready for their next steps in life. The second week saw the young people meet back in Chelmsford to plan and deliver social action in the local community.

The period following the summer saw the team start to wrap up the current NCS delivery period and begin to look at new opportunities for NCS from 2023. The autumn also saw 16 young people from the summer return to join the Changemakers group where they had the opportunity to plan and deliver social action in and around Chelmsford. Alongside Changemakers, the autumn saw the NCS team deliver a social action focused Skills Booster programme with students at the Brentwood School and an adapted SEN project at Columbus College in Chelmsford, both programmes were well received and we are hopeful of continuing the working relationships with these schools in the future.



138 young people took part in NCS with EBGC summer 22

They supported 7 local and national charities and raising a total of £2772

16 local changemakers continued to make a difference in their community

Holiday Activity and Food Programme



In partnership with Active Essex, Essex Activate and the Active Essex Foundation we were able to offer the Holiday and Activity Food Programme across the county supporting young people aged 5 and over. We also worked with the London Borough of Redbridge and Frenford Clubs to deliver programmes across several locations. The programmes consisted of multisport, arts and crafts, mini competitions and games. Each session we provided the young people with a hot meal and a space to sit together, eat, chat and have fun! These sessions will be returning again throughout 2023!

Thankyou to all the clubs and venues around Essex that make this programme possible!

Clubs that supported the HAF programme in 2022: St. Anne's Youth Club, Chelmsford Boys and Girls Clubs, Seabrooke Rise Community Assosiation, Ingatestone Boys Own Club, The Beech Youth Club, Berechurch Youth Club, Braintree Youth Project Charity, Thaxted Youth Club and North Avenue Youth Centre.



Event Results

Shooting Championships

U14

- 1st - 4 Youth (Team 6)
- 2nd - The Peacock Gym (Team 8)
- 3rd - Westminster House (Team 4)

U18

- 1st - Westminster House (Team 11)
- 2nd - Sampfords YC (Team 1)
- 3rd - Southend Boxing Club (Team 3)

Top Gun

- U14 Harry Edwards - 4 Youth
- U18 Farai Mulswunguma - Gt. Sampfords YC
- Clubs:** Pat Wilson School of Boxing, 4 Youth, Westminster House, Southend ABC, The Peacock Gym, Dagenham BC, Bancroft Lions CC, Sampfords YC and Chelmsford BGC

Angling Championships

Round 1

- Southend Boxing Club** – 51LB 5oz
- Pat Wilson School of boxing** – 32LB
- Chelmsford Boys and Girls Club** – 1LB 6oz

Round 2 - The Redhouse

- 1st Place: **Pat Wilson School of Boxing**
- 2nd Place: **Chelmsford Boys and Girls Clubs**

The Night Exercise

- Winners:** Braintree Youth Project
- Runners-Up:** Great Tey YC
- Clubs:** Braintree Youth Project, Linford Wanderers, Pat Wilson School of Boxing, Great Tey YC, Clacton VPC, Crown and Manor BC

Cross Country

National Individual:

- U11 Boys 3rd Place- Jake Chandler, Billericay and Wickford BC
- U15 Girls 3rd Place- Kimberly May-Watson, Billericay and Wickford BC

National Team:

- U11 Boys 1st Billericay and Wickford BC
- U13 Boys 2nd Linford Wanderers

- U13 Girls 2nd Linford Wanderers
- U15 Boys 2nd Centurions ABC
- U15 Girls 1st Westminster House

Essex Individual:

U11 Boys

- 1st- Jake Chandler (Billericay and Wickford)
- 2nd- Jack Wilmim (Centurions)
- 3rd- Harry Turner (Billericay and Wickford)

U11 Girls

- 1st- Chloe McMahon (Linford Wanderers)
- 2nd- Aria Thompson (Westminster House)
- 3rd- Annabeth Cameron Lewis (Westminster House)

U13 Boys

- 1st- Charlie Warren (Billericay and Wickford)
- 2nd- Jake Norrington (Linford Wanderers)
- 3rd- Connor Gallagher (Billericay and Wickford)

U13 Girls

- 1st- Darcy Georgiou (Linford Wanderers)
- 2nd- Millie-Anne Mansfield (Linford Wanderers)
- 3rd- Imogen Grace (Westminster House)

U15 Boys

- 1st- John Lanhan (Centurions)
- 2nd- Lenny Scott (Centurions)
- 3rd- Frankie Lane (Centurions)

U15 Girls

- 1st- Kimberly May Watson (Billericay and Wickford)
- 2nd- Ruby Getty (Centurions)
- 3rd- Motunrayo Olaniyan (Westminster House)

U17 Boys

- 1st- Willem Van Rooyan (Centurions)
- 2nd- Tyler Williams (Centurions)

Essex Team:

U11 Boys

- 1st- Billericay and Wickford
- 2nd- Centurions

U13 Boys

- 1st- Linford Wanderers
- 2nd- Westminster House

U13 Girls

- 1st- Linford Wanderers

U15 Boys

- 1st- Centurions

U15 Girls

- 1st- Westminster House

Boxing Club Challenge 2023 - Centurions
Clubs: Centurions ABC, Westminster House, Billericay and Wickford ABC, Chelmsford Boys and Girls Club, Linford Wanderers and National Clubs Durham & Wales BGC

5-a-side Male

- U12 Winners: Linford Wanderers Red,
- U12 Runners-Up: Crown and Manor BC
- U14 Winners: Crown and Manor BC
- U14 Runners-Up: Bancroft Lions CC
- U16 Winners: Basildon BGC
- U16 Runners-Up: Basildon BGC
- Clubs:** Linford Wanderers, Frenford Clubs, Crown and Manor BC, Bancroft Lions CC and Basildon BGC.

5 a side Female

- U12 Winners: Linford Wanderers Reds
- U12 Runners-Up: Linford Wanderers Black
- U14 Winners: Frenford
- U16 Winners: Island Girls
- U16 Runners-Up: Frenford
- Clubs:** Frenford Clubs, Island Girls, Linford Wanderers

Table Tennis

- U12 Winner: Alex Toma - Purfleet
- Runner-Up: Leonat Kelmendi - Crown and Manor BC
- U14 Winner: Abiram Chandrumohan - Frenford Clubs
- Runner-Up: Mudir Mohamed - Crown and Manor
- U16: Winner: Devon Blackmore - Purfleet YC
- Runner-Up: Zach Allcock - Purfleet YC
- Girls**
- Winner: Daniya Elfallah - Frenford Clubs
- U19: Winner: Keshuv Veshram - Frenford Clubs
- Runner-Up: Mridul Dhall - Frenford Clubs
- Clubs:** Frenford Clubs, Crown and Manor BC, Purfleet YC, Bancroft Lions CC and Seabrooke Rise YC

Activity Days & Competitions

Essex Adventure Weekend

Clubs: Gt. Tey Youth Activity Club, Dagenham BC, NAYC, PROSPEX, INTERACT, Bancroft Lions CC, Colne Engaine YC, Brentwood Central BC, St. Annes Youth Centre, Pat Wilson School Of Boxing , Collier Row Football Club, Thaxted YC, NCS, Notts CYP, Cheesey Waffles YP, Durham City Centre YP & Sacriston Youth Project

24-hour survival challenge

Clubs: Braintree YP and Prospex

Pumpkin Carving Competition 2022

Winner: William Power - Clacton Police VPC

Clubs: Colne Engaine YC, North Ave YC, Clacton Police Cadets, The Outhouse Harwich, The Outhouse Colchester, The Outhouse Clacton, Seabrooke Rise, Patrick Wilson SOB, 4 Youth Brightlingsea, Linford Wanderers Girls Club

Total: 40 Entries

Christmas Card Competition 2022

Winner: Ellie-Rose from The Outhouse **Clubs:** 4 Youth Brightlingsea, Colne Engaine YC, Seabrooke Rise YC, The Outhouse, Chelmsford Boys and Girls Club, St Annes and Westminster House

Total: 95 Entries

Photography Competition 2023

Winner: Sean Matthias– Redgrave 4 youth Brightlingsea **Clubs:** 4 Youth Brightlingsea, Linford Wanderers Girls Club and St Annes YC

Total: 41 Entries

Arts Ambassador Award 2023

Winner: Sean Matthias– Redgrave 4 Youth Brightlingsea

Colchester Arts Day

Braintree YP, CBGC, The Beech YC, The Outhouse, 4 Youth Brightlingsea and Monkwick YC

Training with EBGC

Here is a snapshot of some of the training we delivered through 2022/23!

102 Safeguarding Level 2 Qualifications

129 First Aid Qualifications

39 Mental Health Awareness Training

18 Young Leaders

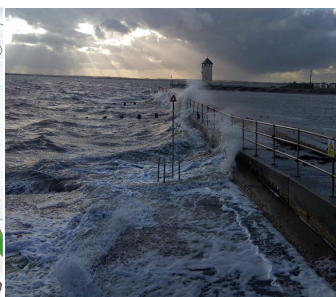
32 Young people received Duke of Edinburgh Awards

101 Young people have received Activities and peer tutoring ASDAN Award

39 Paddle Start Awards



EBGC Christmas Card Winner



EBGC Photography Winner



EBGC Arts Ambassador Sean Matthias– Redgrave



Champions- Anglia

MALE

Class A

U63kg- Joe Kerry (Albion Boxing Academy)

Class B

U57kg- Shae Gowler (Peterborough Police ABC)
U60kg- Junior Gullam (Mid Essex Boxing Academy)
U80kg- Alfie Baker (Peterborough Police ABC)

Class C

U51kg- Imraan Shirazi (Top Yard School of Boxing)
U60kg- Shae Barry (Chalvedon ABC)
U63.5kg- Billy Cooper (Chadwell St Mary ABC)
U71kg- Vinnie Kemp (St Osyth Boxing Club)

Class D

U57kg- Dexter Freedman (Billericay & Wickford BC)
U60kg- Tom Browning (Billericay & Wickford BC)
U67kg- Fabian Dema (Hockley Boxing Club)
U71kg- Amat Jobe (Top Yard School of Boxing)
U75kg- Manny Mohamed (Mid Essex Boxing Academy)
U80kg- Nabil Abdullahi (Albion Boxing Academy)

FEMALE

Class B

U54kg- Sophie Buckle (Billericay & Wickford BC)

Class C

U63kg- Isabel Price (Attleborough Boxing Club)

Champions- London

MALE

CLASS A

U63kg Monty Wright (Rainham Boxing Club)
U66kg Wally Smith (Finchley and District ABC)

CLASS B

U48kg Billy Macey (Dagenham P&C Boxing Club)
U50kg Kaiden Baker (West Ham Boys ABC)
U52kg Jake Hornsby (Dagenham P&C Boxing Club)
U60kg Nico Donovan (Powerday Hooks Boxing ABC)

CLASS C

U57kg Max Shultz (Dagenham P&C Boxing Club) w/o
U63.5kg Desharn Fearan (All Stars Youth Club)

CLASS D

U71kg Alex Hatcher (Harrow and District ABC)
U75kg Wiktor Szczawinski (Limehouse Boxing Academy)

NABC National Finalists 2022

MALE

CLASS A

U50kg Isaac Gibson (Islington Boxing Club)
U52kg John Doe (Top Yard School of Boxing)
U60kg Jamie Barrett (Powerday Hooks Boxing ABC)
U70kg Joseph McDonagh (White Hart Lane Boxing Academy)

CLASS B

U44kg Riley Murray (West Ham Boys ABC)
U48kg Billey Macey (Dagenham P&C Boxing Club)
U63kg Preston Samba (Powerday Hooks Boxing ABC)

Class C

U51kg Matty Artell (Newham Boxing Club)
U57kg Scott Standard (Sudbury ABC)
U60kg Freddie Pullen (West Ham Boys ABC)
U67kg Freddie Brooks (Top Yard School of Boxing)
U75kg Micah Michaels (Repton Boys Club)
U80kg Louis Palmer (Halstead and Essex Uni Boxing Club)

Class D- Boys

U54kg Darren Bailey (Dagenham P&C Boxing Club)
U57kg Uzair Maqbool (East London Boxing Club)
U67kg Cameron McKay (White Hart Lane Boxing Academy)

FEMALE

CLASS A

U52kg Champ Thomas (Finchley and District ABC)

NABC National Champions 2022

MALE

CLASS A

U54kg Billy Dighton (Bodyshots Boxing Club)
U40kg Jayden Saker (Chalvedon ABC)
U44kg Aamir Shirazi (Top Yard School of Boxing)

CLASS B

U54kg Musa Sheikh (Dagenham P&C Boxing Club)
U57kg Medhi Sahak (Rainham Boxing Club)
U66kg London Brookshaw (Powerday Hooks Boxing BC)
U70kg Michael O'Donnell (Powerday Hooks Boxing BC)
U75kg Charlie Cooper (Newham Boxing Club)

CLASS C

U54kg Jimmy Doherty (Dagenham P&C Boxing Club)
U71kg Freddie Wilkens (Repton Boys Club)
U86kg Jack Blencowe (Attleborough Boxing Club)

CLASS D

U51kg Hasan Abu (Earlsfield ABC)
U60kg Hamza Hajee (East London Boxing Club)
U63.5kg Sonny Hardy (Chalvedon)
U80kg Joachim Johnson (Limehouse Boxing Academy)
U92kg Hasan Ali (East London Boxing Academy)

FEMALE

CLASS A

U52kg Ruth Huntly (West Ham Boys ABC)
U54kg River Thomas (Finchley and District ABC)

CLASS D

49kg Millie Symons (St Ives Boxing Academy)





LET'S GO!

NABC 2022

The NABC Boxing Championships ran throughout November and December with our clubs competing up and down the country on a national stage. The championships started with London and Anglian Preliminary rounds held at The Peacock Gym, Canning Town and continued there over 3 consecutive weekends including the Anglian and London Finals, Regional Rounds and finishing with the Quarter Finals at Halstead and Essex University Boxing Gym. The Semi Finals were held at Bristol and the Finals in Bridlington! This year we were also able to live stream a number of the shows with the help of Film My Match and Joymo which added another dimension to the event. There were some impressive bouts, competitive throughout all classes with some great wins by boxers from our affiliated clubs. A big thankyou to all the officials that continue to support the NABCs and well done to all the boxers that entered. We are proud to say that we have 20 National champions from our affiliated clubs!





EBGC Representative Football Squad

This season saw our Rep Football Squad show great development both on and off the pitch as a team. We started with two tough games against West Ham United and Southend United, the new group of players showed glimpses of what they could do as a team, but the more experienced sides came out on top in both games. The third game was a much closer game as the boys faced Norwich City FC, and despite a great battling performance EBGC narrowly lost. We could see the development in the side and the team bonding as the games went on. Three games in a week were set up to be a real test as the squad travelled for a tour of Wales. This was a great chance to strengthen bonds with our NABGC network as we played against the Welsh BGC team. A defeat only motivated our lads more, with a draw against FC Bath and a win against RG4 youth topped off what was a great week.

Squad: Lloyd Oduro-Numapau, Mikel Orabuche, Nigel Blackmore (**Linford Wanderers**) Bailey Clark, Jadan Djan, Endrit Mehmeti (**Crown & Manor BC**) Fernando Ulba, Nicholas Kilimonis, Mark Ubani, Kristen Caynes, Calvin Melawrence, Chaise Nestor, Oscar Opolot-Oguli, Sion Nurse, Ahcene Sekher (**Frenford Clubs**) Emmanuel Olaolu, Jamal Jaden Poeketi, Thomas Blake (**Basildon Boys and Girls Club**)

EBGC Representative Cricket Squad

Last season our U12 and U14 rep cricket squads had a number of impressive games against prestigious schools and colleges around the local counties. Our U12s faced Chigwell School and Kimbolton School in two competitive games. After defeat to Chigwell, EBGC managed to get a win against Kimbolton. The U14s had four games last season against Chigwell School, Tonbridge School, Eton College, and Kimbolton School. All the games were challenging but a great experience for the squad to play at these prestigious venues. A win against Tonbridge was the highlight of the U14s season.

U12 Squad:

Saad Razi, Ameen Wahid, Shayan Mirza, Zaland Zazai, Abdullah Ahmad, Hamza Ashraf, Micah Edwards, Adam Imtiaz, Hasnain Akram, Zain Akram, Abu Hurairah, Aadam Patel, Salmon Sarfraz (**Frenford Clubs**), Dylan Sinfield, Louie Mailey, Ben Gladman, Alfie Ware, Riley Everett, James Maynard (**Belus CC**), Kartik Dara, James Fowler, Evan Warwick, Grace Albone, Albert Edmonds, Kashi Mukherjee (**Bancroft Lions CC**), Mikail Choudhury and Ross Miller (**Billericay CC**).

U14 Squad:

Aradhya Mukherjee, Ibrahim Mir, Adwaaith Mukherjee, Mohammed Azlan Shaikh, Ayman Patel, Zayn Hussain, Azlan Shaikh, Uthmaan Ghafoor, Zayn Patel, Adwaaith Shanmugha undharem (**Frenford Clubs**), Lara Walcott, Jacob Sherlock, Monty Mahoney, Stanley Nairne (**Bancroft Lions CC**), George Bowden, Vansh Mehra, Oliver Davy, Aryan Patel (**Belhus CC**) and Kamran Choudhury (**Billericay CC**).



THE RESPECT PROJECT



Following the challenges of the last few years we were finally rewarded with a return to our tried and trusted format for Respect Projects. We fully utilised the splendour of High Row our hostel in the Northern Fells of the Lake District and Maes Y Lade in the Black Mountains of South Wales. Through the year we worked with groups in Basildon, Southend, Thurrock, Braintree, Tendring, Uttlesford, Rochford and Castle Point.

Young people were able to enjoy the outdoors during our Activity Days at Layer Marney Outdoors, taking part in a variety of activities including Bushcraft, Raft Building, Team Challenges, Woodland Challenges and Archery.

A positive mindset and attitude, an appetite for teamwork, good listening skills and a willingness to learn earned half of the participants the opportunity to attend a Life Skills Course over an 8-week period where they learnt about teamwork, communication, peer pressure, anger management and drug awareness in preparation for the week away.

During the weeks away they were challenged by some of the biggest mountains in England and Wales including the Brecon Beacons horseshoe in South Wales and Blencathra and Skiddaw in the Lake District. They also used all the survival skills they had learnt by completing a 24-hour expedition and wild camp in wet and cold conditions and cooking ration packs on Trangia's (small, methylated spirit stoves).

Shortly after their return they were given the opportunity to share their experiences and achievements with parents, school and VIP's at Presentation evenings celebrating everyone's success.

The group has really helped me to find myself again, I started to get in trouble in school by doing silly things. And thinking I was clever, but I wasn't I was acting very immature. The group has made me realise that I'm better than that. By going away and spending some time away from home and my family I have mentally grown and feel like I have my mojo back. And it's Bruce and his team that I have to thank for that so thank you for giving me the opportunity to change my ways. The trip was really fun and I learnt so many new and different things. The people there with us were great and helpful.

I think that the project + trip away was very good. It helped me gain more confidence, meet new people and learn new things. My favourite part about the trip was when we climbed to the top of the mountain because we had to work as a team and support each other up to the top. Once we got to the top, we all took a photo and then ate our lunch under a tent. Then once we started heading back down to the bottom, I fell and down a massive knee slide which got me covered in mud and Nina found it hilarious. The trip altogether was full of entertainment, enjoyment and laughter and if I got the chance to go again then I would.

Since Liam has been part of The Braintree Respect Project, I have seen his confidence grow. He has enjoyed being outdoors with the group, he also really enjoyed the week away where he came home with lots of amazing new experiences he enjoyed doing, and lots of amazing memories.

Not only this but his respect towards others and himself has flourished after his time away with the group. Liam has said he enjoyed the challenge of climbing the Mountain even if the weather was not so nice while they did it, he said this did not detract from the experience.



Thankyou to our funders for making this project possible!



The CHARLES S FRENCH CHARITABLE TRUST

ST. JAMES'S PLACE CHARITABLE FOUNDATION

JackPetchey Foundation Inspire • Motivate • Achieve

Essex Community Foundation



In 2022

We worked with 17 schools across 8 districts

269 young People attended initial activity Days

138 Young People attended Life skill sessions

The respect team spent 9 weeks away on residential

101 Young People completed the Project

80% of Young People who completed the Project improved their mental wellbeing.

A message from Maes y lade

In 2022 outdoor residential experiences were fully back! Thanks to support from the Jack Petchey Foundation, the EETF and Essex Youth Trust even more young people from our member clubs have got away to Wales and the Lake District. During the school holidays we had over 420 club members complete 5 day activity programmes with us. Climbing mountains, jumping off waterfalls, exploring caves and paddling on rivers were all on the agenda whilst learning those vital life skills that from living alongside your peers as part of the residential experience. It was great to see so many clubs get involved with these trips and we are hugely grateful to the organisations mentioned above for enabling us to provide these opportunities for young people.

School term saw the full return of primary and secondary school groups, along with the Respect Project weeks away, Princes Trust, Colleges and local School activity days filling the calendar for what turned out to be a very busy year.

A huge thanks to anyone that has volunteered their time to help young people get outdoors this year and a special thanks as always to Bryan, Bob and Tracy for all their help with High Row. Thanks to everyone that came to visit us in Wales or the Lake District in 2022 and we look forward to seeing even more of you in 2023! As always if you are interested in using Maes y Lade or High Row Centres in 2023 and beyond then please contact davidh@essexboysandgirlsclubs.org

An update from Layer Marney outdoors

2022 saw more young people making their way outdoors at Layer Marney Outdoors from our clubs, local schools, colleges and other organisations who work with young people. We also used LMO for our Activity days for the Respect Projects working with year 9 young people from all over Essex.

This year we have focused on Bushcraft and getting young people to engage with the outdoors after the pandemic and over the winter we started putting things in place for some new activities to start of the 2023 season! We are looking to expand our staff team to help develop and deliver some of our more exciting new additions to LMO including the indoor traversing wall, outdoor climbing wall and Paddle boarding! If you are interested if coming to LMO please give us a call!

OUR ADVENTURE CENTRES



Maes y Lade Centre located in the beautiful Brecon Beacons.



High Row located at the foot of Carrock Fell, The Lake District

OUR OUTDOOR CENTRE



Layer Marney Outdoors, Located near Colchester, Essex

“One way to get the most out of life is to look upon it as an adventure”



Lands End to John O'Groats 2022!

901 Miles, 10 riders, 2 back up crew, 7.2 days & 1 incredible journey!



**Lands End ◦ Exeter ◦ Perdiswell
Bolton ◦ Hesketh Newmarket
Glasgow ◦ Spean Bridge
Helmsdale ◦ John O'Groats**

901 miles in 7 and bit days! The team was lead by EBGC Director Martin Solder and David Hassard while Jamie Drummond led the support team and Rebecca Mabey pulled it all together. We couldn't have completed the challenge without some brilliant venues letting us stay overnight and by the visitors that brought us snacks, baked us goodies, cooked us meals and kept our spirits high along the way! This was a truly incredible journey with some amazing moments.

"Cycling over the Glen Coe Valley into Fort William was truly amazing, having the opportunity to cycle with some amazing cyclist all the way to John O'Groats while raising money and awareness for EBGC was an experience that wont be forgotten! I am still so thankful to everyone that supported this journey - Thankyou!"

Riders: Dave Jones, Nigel Warwick, Ian Fox, Daniel Thackeray, Andy Ward, Caroline O'Haire, Iain McIlroy (EBGC VTEAM) Martin Solder (EBGC), David Hassard (EBGC) and Rebecca Mabey (EBGC)

Back up Team: Jamie Drummond (EBGC) and Tracey Lightfoot (EBGC VTeam)

Venues: Community House St Buryan, Countess Wear Village Hall, Perdiswell Young People's Leisure Club, Barton Athletic Club, EBGC Residential Centre High Row, St Paul's Youth Forum, Spean Bridge Community Centre and Helmsdale Community Centre.



5.50.5 Challenge

15 challengers headed to Maes y Lade to take part in our first 5.50.5 Challenge! The challenge was to individually or in teams take on the 5 Mile canoe down the River Wye, 50km Cycle across Wales highest passable road & 5mile hike over Twmpa! With everyone attending completing at least one element it was truly a challenge of determination!

Fastest Canoe: 1 hr 19 mins // **Fastest Cycle:** 2 hr 44 mins // **Fastest Hike:** 1 hr 49 mins
Fastest individuals: Iain McIlroy EBGC VTEAM & Martin Solder EBGC Director

Clubs that took on the challenge: Southend Boxing Club, Seabrooke Rise and EBGC VTeam.



TREASURERS REPORT

- Graham Middleton

The challenges in picking up the pieces of two years of Pandemic disruption have been legion, but last years accounts translate the efforts everyone is making into the basis for a resounding success.

The previous pages of this review illustrate the activities the Charity has undertaken in the past year and gives a flavour of what is to come. 2022 was a year of transition, we saw huge efforts to get regular activities re-established and to respond to changing needs. The finances reflect this effort. Long running projects were brought to a conclusion and established successful projects received much welcomed new injections of funds to boost a resurgence. This Charity remains very grateful to all those benefactors whose belief in our ability to make good things happen to young people moves them to provide the funds that make it possible.

Income from all sources at £1,670,671 exceeded the previous year by some 9.6% Expenditure in delivery of our objectives at £1,294,663 reduced by 3.7% as some large projects concluded. After recognising the diminution in value of our invested reserves (the markets having taken a hit and reversing 39% of last year's gains), the net effect was an overall increase in funds carried forward of £283,574, compared to the previous year's increase of £180,345. A very satisfactory outcome.

Our balance sheet at the end of December 2022 values our total net assets at £3,419,311, with net cash and investment balances of £2,383,128 of which £488,270 is ringfenced to deliver restricted funded projects. We therefore remain in great shape financially to deliver our charitable objectives.

Abbreviated accounts are published here, a full audited set including the Trustees report is available on application to Harway House and will be filed with the Charity Commission.



Statement of Financial Activities (Including Income & Expenditure Account) for the Year ended 31st December 2022

	Unrestricted					
	General	Designated	Restricted	Endowments	Total	Total
	Fund £	Fund £	Fund £		2022 £	2021 £
Incoming Resources						
Income and endowments from:						
<i>Voluntary income:</i>						
Donations and grants received	70,185	668,188	571,605	-	1,309,978	1,323,930
Incoming resources from charitable activities:						
Activities and course fees	43,750	3,090	-		46,840	18,496
Camping, accommodation and catering	290,532	-	-		290,532	170,587
Other Trading Activities						
Fundraising events	14,522	-	-		14,522	11,212
Investment income	8,799	-	-		8,799	159
Other income	-	-	-	-	-	-
Total	427,788	671,278	571,605	-	1,670,671	1,524,384
Expenditure on:						
Costs of generating voluntary income:						
Staff employment costs	31,688	-	-		31,688	10,330
Cost of staging fundraising events	748	-	-		748	3,290
Charitable activities:						
Grants in furtherance of objectives	-	-	-		-	-
Costs of activities in furtherance of objectives	355,707	379,543	396,293	-	1,131,543	1,224,246
Other costs:						
Expenditure on management and administration	35,328	-	95,356		130,684	106,173
Total	423,471	379,543	491,649	-	1,294,663	1,344,039
Net Incoming Resources before other recognised movements	4,317	291,735	79,956	0	376,008	180,345
Nett gains on investments						
Unrealised	(92,434)	-	-		(92,434)	151,637
Other recognised movements						
Project servicing costs and depreciation transferred between funds	381,535	(138,915)	(242,620)	0	-	-
Net Movement of Funds	293,418	152,820	(162,664)	0	283,574	331,982
Reconciliation of funds						
Total funds brought forward	1,144,468	1,340,336	521,437	129,496	3,135,737	2,803,755
Total funds carried forward	1,437,886	1,493,156	358,773	129,496	3,419,311	3,135,737

Fundraising

3peaks Challenge 2022

With brilliant weather to give the challenge a go all the walkers set off at 17:05pm! The walkers had to navigate Ben Nevis, Snowdon and Scafell Pike. All the walkers completed the challenge within the 24hours! Walkers: Martin Solder, Tony Wakeling, Iain McIlroy, Keighley Bayliss, Sam Bayliss and Will Oldham all supported by staff member Jamie Drummond who was clocking up the miles in the minibus! **Clubs that attended:** Linford Wanderers & Swan Housing The Beech Youth Club

Celebrity Golf Classic 2022

With 20 teams, the sun shining and a good breakfast the golf day was a great success! Thankyou to the ongoing support of Gosfield Lake Golf Club who continue to support us year on year. Thankyou! Thankyou to all the celebrities and teams



for a brilliant day! See you again in 2023!

Best Non Celebrity Score: Philip Nutgens

Best Celebrity Score: Micky Kingwell

Best Back Nine: Team Dapplebees

The Runner Up: Chigwell GC

Winners: Duff Putt Par

Partnerships

Some of the partners we have worked with over the last year: National Association of Boys And Girls Clubs, World Federation of Youth Clubs, Boys and Girls Clubs of America, Essex County Council, Jack Petchey Foundation, The Rank Foundation, NCS Trust, England Boxing, Essex County Cricket, Table Tennis England, Active Essex, Essex Activate, Sport England, Essex Council For Voluntary Youth Services, Big Lottery, Norwich City Football Club, Erasmus +, Warrior Boxing, YMCA George Williams College, Redbridge Council, Woodland Trust, and many more!

*Thankyou for your continued support!
We look forward to another exciting
year ahead.*



Particular thanks to the Rank Foundation for funding 2 new roles through their Time to Shine and Aspire programmes that have allowed us to develop and grow our projects and outdoor provision.

Looking forward into 2023 we are excited to announce another Jack Petchey Internship after a success placement in 2022 with Dom who has continued his employment as marketing and media assistant with us.

Volunteering

Thankyou to all our VTeam members who continue to support our clubs, events and programmes! Thankyou! We really couldn't do what we do without you. We are looking forward to expanding our VTEAM throughout 2023.



PASSIONATE PEOPLE WORK HERE

PATRONS

The Lord Lieutenant of Essex, Jennifer Tolhurst,
The Lord Petre, KCVO, KstJ

VICE-PRESIDENTS

Mrs June Owen,
Sir J. Petchey CBE, R.M. Williams FITE, R. Smith,
J. McAlonan, The Lord Dixon-Smith DL.

VOLUNTARY EXECUTIVE COMMITTEE

CHAIRMAN: Jonathan Douglas-Hughes OBE DL
VICE-CHAIRMAN: Michael Dyer MBE, HON.
TREASURER: Graham Middleton FCA,
COMMITTEE MEMBERS:
Peter Drummond, David Springett, Lee Blissett,
Julie Fosh, and Ron Mills (From Dec 22)

BANKERS C.A.F. Bank Ltd.

AUDITORS Ashings Chartered Accountants
ACCOUNTANTANTS Spencer Fellows & Co

ACTIVITY CENTRES

High Row Centre

Hesket Newmarket, Wigton, Cumbria CA7 8JT

Layer Marney Outdoors

Layer Marney, Essex, CO5 9US

Maes Y Lade Centre

Tregoyd, Brecon, Powys, Wales LD3 0SS
T: 01497 847236 www.maesylade.org

Registered Charity No: 1163658

HEAD OFFICE: Harway House, Rectory Lane,
Chelmsford, Essex, CM1 1RQ
T: 01245 264783

www.essexboysandgirlsclubs.org

STAFF IN 202/23

Director: Martin Solder

Assistant Directors:

David Hassard
Kevin Bowers

CLUB DEVELOPMENT TEAM

Club Development Lead:

Rebecca Mabey

Club Development Officers:

Sue Pell, Jamie Drummond

Club Servicing Officers:

Richard Bonnington

Arts Development Officer:

Jessica Pease (From July 22)

Sports Development Officer:

George Sokhi (From June 22)

PROJECTS TEAM

Projects Manager:

Jay Solder

Projects Lead:

Bruce Page

Projects Workers:

Keith Cranmer

RANK Time To Shine:

Monique Adewoju (From Jan 2023)

RANK Aspire:

Cassie Maslin

NCS Recruitment and Engagement Lead:

Andy Moore, Jessica Plumbley (To February 2023)

ADMINISTRATION TEAM

Finance Officer:

Malcolm Cummings

Media and Marketing Assistant:

Dominic Edwards

Volunteer Administrator:

Val Hoines

University Placement:

Abigail Doughty (From October 2022)

MAES Y LADE:

Maes Y Lade Centre Manager:

David Hassard

Maes Y Lade Staff:

Paul Clarke, Ollie Gunton, Elliott Willgoss (From March 2022)





ESSEX BOYS AND GIRLS CLUBS

The Charity's object is to further the development and education of boys and young men and girls and young women, primarily but not exclusively in a single gender setting so as to help them achieve their physical, mental and spiritual potential, enabling them to grow to full maturity as individuals and members of society.



www.essexboysandgirlsclubs.org